

LUNCH MENU

APPETIZERS

crunchy shrimp	17.5
marinated and battered prawns with cajun mayonnaise	
hurricane wings	14
island spice chicken wings tossed with chef's homemade signature sauce served with pickled vegetables and a category 1, 2 or 3 sauce	
conch fritters	16.5
served with green garden salad and jerk mayonnaise	
jerk chicken quesadilla	15
served with sautéed bell peppers and onions, grilled chicken and monterey jack cheese	

SALADS

lobster mango salad	22
marinated caribbean lobster and mango salad served with a honey and dark rum vinaigrette	
salmon niçoise salad	21.5
blackened salmon medallions atop organic greens, avocado, cherry tomatoes, green beans and boiled egg, finished with a citrus dressing	
southwestern salad	18
grilled chicken breast with black beans, roasted corn, tomatoes, avocado, cilantro and romaine lettuce, tossed with a creamy cilantro lime dressing topped with corn tortilla	
caesar salad	16
chopped romaine hearts topped with herb parmesan crostini and homemade caesar dressing	

GRILLED PANINIS WRAPS & BURGERS

blt wrap bacon, lettuce, and tomato with ranch dressing wrapped in a spinach tortilla	16.5
jerk caesar wrap marinated jerk chicken breast with romaine lettuce, bacon and caesar dressing	17.5
grilled veggie wrap grilled vegetables, lettuce, tomato, provolone cheese and pesto wrapped in a tomato flour tortilla	15
asian steak wrap sautéed steak, peppers and onions with ginger and garlic, drizzled with a sweet soy reduction wrapped in a flour tortilla	17.5
grilled mahi-panini grilled mahi-mahi topped with citrus bbq sauce and pineapple salsa on focaccia bread	18.5
grilled philly cheese steak panini sautéed steak with peppers and caramelized onions with beef au jus topped with mozzarella cheese on ciabatta bread	19.5
caribbean burger char-grilled 8oz burger pattie topped with lettuce, tomato and onions with a rum bbq sauce and pineapple salsa on a brioche bun	17.5
caribbean fish burger char-grilled mahi-mahi topped with lettuce, tomato, onions with a rum bbq sauce and pineapple salsa on a brioche bun	17
cheese burger char grilled 8oz burger pattie topped with bacon lettuce, tomato, onions and american cheese on a brioche bun	16.5
provo big boy burger char grilled 10oz pattie topped with fried egg, bacon, lettuce, tomato and onions on a brioche bun	19

all wraps and paninis are served with home fries and coleslaw