



# P L U N G E

## SPECIALTY COCKTAILS

### FROZEN DRINKS

- Paradise Found** 15  
Wildberry, Bambarra rum, coconut
- Green Apple Martini** 15  
Margarita mix, green apple and Tequila
- Banana Paradise** 15  
Banana, vanilla, coffee liqueur, vodka and Irish Cream
- Fuzzy Mango** 15  
Mango, vodka and orange essence
- Pool Side Lounge** 15  
Pina Colada, vanilla, coffee liqueur and Bambarra rum
- Healthy Berry** 15  
Pina Colada, pomegranate, blueberry, acai and goji berries with Bambarra rum
- Margaritas** 15  
Tropical fruit blended with Tequila  
Original Lime | Pomegranate | Wildberry
- Coladas** 15  
Coconut, pineapple juice and Bambarra Black Rum  
Original Pina Colada | Strawberry | Mango
- Daiquiris** 15  
Tropical fruit blended with Bambarra Rum  
Strawberry | Banana | Mango
- Mudslide** 15  
Vanilla ice cream, Irish Cream, vodka and coffee liqueur

### SIGNATURE COCKTAILS

- Green Flamingo** 12  
Coconut rum, light rum, Galliano, crème de menthe & pineapple juice
- Mai Tai** 12  
Light rum, dark rum, apricot brandy, pineapple, orange and lime juices
- The Palms Sunrise** 12  
Tequila, vodka, lychee, orange and lime juice with a splash of Grenadine
- Grace Bay Breeze** 12  
Coconut rum, pineapple and cranberry juices
- Classic Mojito** 14  
White rum, fresh mint, lime and cane sugar
- Palms D'Or** 14  
Amber rum, pineapple and passion fruit juices and fresh mint topped with Champagne
- Provo Popper** 14  
Citrus vodka, Passoa passion fruit liqueur and cranberry juice topped with Champagne
- Palms Blue Passion** 12  
Dark rum, Blue Curacao, pineapple and cranberry juices
- Hurricane** 15  
Vodka, light rum, gin, Bacardi 151, Amaretto, Triple Sec, Grenadine, grapefruit and pineapple juices

Kindly notify our service team if you have any allergies or food intolerance

15% service charge & 12% government tax will be added to final check

# STARTERS & SALADS

## Corn Tortilla Chips

House style guacamole and tomato salsa served with crispy corn chips

9

## Caicos Conch Fritters

served with spiced Calypso sauce

11

## Grilled Pita Bread

Served with spicy roasted red pepper hummus and cool yogurt sauce

10

## Classic Caesar Salad

Creamy anchovy and lemon dressing, focaccia croutons and Parmesan shavings

14

## The Palms House Salad

House mixed greens, marinated cherry tomato, pickled onion, mango and balsamic vinaigrette

15

## Chick Pea Salad

Fresh tomato, red onion, cucumber, mint and chick peas topped with roasted garlic and Tahini dressing

15

## Cracked Caicos Conch

Tender conch coated with coconut flour—fried and served with lime curd dip

12

## French Fries or Sweet Potato Fries

9

## Caicos Conch Ceviche

Cucumber, tomato, chili oil, jalapeno, garden radish with lemon lime marinated conch

15

## Buffalo Chicken Salad

Iceberg lettuce, diced Roma tomatoes, Bermuda onion, blue cheese crumbles, grilled chicken tenders with spicy buffalo sauce, served with ranch dressing

16

## Greek Salad

Cucumber, tomato, red onion, Feta cheese, Kalamata olives, sweet bell peppers lemon yogurt sauce, basil vinaigrette and grilled flat bread

14

*Add to any salad:*

*Grilled Chicken* 8

*Grilled Grouper* 10

*Grilled Shrimp* 10

# PIZZAS

## Pepperoni Pizza

Sliced all beef pepperoni, marinara sauce and mozzarella cheese

16

## Jerk Chicken Pizza

Slow roasted Jerked chicken, tomato Jerk sauce, lime sour cream, green onions

16

## Caicos Lobster Pizza

Butter poached Caicos Lobster, arugula, roasted garlic-tomato sauce, mozzarella cheese

25

## Margherita Pizza

Vine ripe tomato, fresh mozzarella cheese, basil leaves, extra virgin olive oil

15

## Spicy Hawaiian Pizza

Spanish chorizo, compressed pineapple, fresh jalapenos, mozzarella cheese

18

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# WRAPS & SANDWICHES

## **Jerk Chicken Wrap**

Slow roasted Jerk chicken, Jerk aioli, garden fresh arugula, roasted red peppers and grilled pineapple, served with fries

18

## **Caicos Grouper Wrap**

Blackened grouper, passionfruit mayo, quinoa with tomato, mango, Bermuda onion and cucumber on whole grain tortilla, served with fries

24

## **Grilled Vegetable Panini**

Eggplant, zucchini, roasted red peppers, mozzarella cheese, basil pesto sauce

Served with fries

16

## **Palms Fish Taco**

Two grilled flour tortillas with marinated local Mahi Mahi, pickled cabbage, Pico de gallo and lime cilantro sauce, served with fries

21

## **Grilled Tuna Sandwich**

Served on a fresh baked Kaiser roll and garnished with iceberg lettuce and spicy pineapple salsa, served with fries

22

## **Prime Angus Beef Burger**

*Served medium or well-done*

8oz beef patty on a fresh baked Kaiser roll with Cherrywood smoked bacon, dill pickle, iceberg lettuce, Bermuda onion, tomato, Swiss, American *OR* Cheddar cheese, served with fries

19

## **Spicy Lemon Chicken Sandwich**

Chicken breast on a fresh baked Kaiser roll with honey jalapeno drizzle, citrus aioli, arugula, cheddar cheese and vine ripe tomato, served with fries

18

## **Caicos Lobster Clubhouse**

Classic three tier sandwich with Caicos Lobster on house baked brioche with bacon, Sriracha mayonnaise, avocado, tomato and bibb lettuce, served with fries

28

**Add side house salad to any wrap or sandwich**

5

# DESSERTS

## **New York Cheesecake**

Classic cheesecake with blueberry compote

10

## **Key Lime Pie**

Creamy key lime pie with whipped cream and graham cracker crust

9

## **Fresh Fruit Plate**

Served with honey yogurt dip

11

## **House Ice Creams and Sorbets**

Ice Creams—chocolate, vanilla bean, dulce de leche

Sorbets—mango, passion fruit, raspberry, lime, coconut

8

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# WINE LIST

	Glass	Bottle
<b>Champagne and Sparkling Wines</b>		
L'Hoste Champagne "Brut tradition", France, NV	18	89
Masottina Brut Prosecco, Veneto, Italy, NV	14	65
<b>White Wine</b>		
Pinot Grigio Mezzacorona, Dolomiti, Italy	14	55
Sauvignon Blanc, 75 Wine Company, California, USA	14	55
Grillo Stemmari, Terre Siciliane, Italy	14	55
Chardonnay, Esser, California, USA	14	55
<b>Rose Wine</b>		
Chateau Minuty, Cotes de Provence, France	14	65
Chateau D'Esclan Whispering Angel, Cotes De Provence	19	75
<b>Red Wine</b>		
Pinot Noir Stemmari, Terre Siciliane, Italy	17	60
Merlot, Wente, California, USA	14	55
Renacer Punta Final, Cabernet Sauvignon, Argentina	14	55
Nero d'Avolla Stemmari, Terre Siciliane, Italy	14	55
Montepulciano d'Abruzzo, Catina Zaccagnini, Italy		58

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